Brand new AWESOME diabetes book!

- Latest expert advice from Karen Graham, a Registered Dietitian and Certified Diabetes Educator & Dr. Mansur Shomali, a Diabetes Endocrinologist. They share 50 years of practical diabetes knowledge with you.
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Would you like help to fill out the Order Form? Just give Karen Graham a call. Also, contact Karen if you have any questions about the resources, or for pricing on larger orders. karen@diabetesbooks.ca or 1-250-707-3762

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8.5 x 11”, full-colour book, 192 pages (on back order)  
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Healthy Eating Guide Posters & Placemats

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Mix and Match – sold in packages of 25. Minimum order of 100.  
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Additional shipping costs will be charged to fly-in or remote communities.
**ORDER FORM**

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### Diabetes Essentials (first book in HEALTH & WELLNESS SERIES)

8.5 x 11", full-colour book, 192 pages

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ON: 13% NS, NB, PEI, NL: 15% BC, QC, MB, SK, AB and Territories: 5%

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